

 TRUE®

CARDIO  
COMMERCIAL



PREMIUM FITNESS EQUIPMENT SINCE 1981

## 400 ELLIPTICAL

The C400 Elliptical has the durability and performance to provide your users a comfortable and efficient workout. The small, compact footprint allows you to place the C400 in tight spaces where a traditional front or rear-drive elliptical may not work. Plus, your users will love the unique Cardio 360™ programming available with the Transcend<sup>16</sup> console that provides a 20-minute, total-body workout. Multiple console options provide customizable features, technology and asset management capabilities for enhanced user engagement.



## C400 ELLIPTICAL

SKU: XC400

TECHNICAL SPECIFICATIONS	Power Source	110V, Self-Generating (with Emerge or Escalate <sup>9</sup> ), 220V Option Available (with Transcend <sup>16</sup> )
	Cord Length	10' / 3.0 M
	Drive System	Core Drive™
	Total Body Workout	Cardio 360™
	Resistance Source	Hybrid Self-Generating Brake
	Maximum Workload	450 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Stride Length	21" / 53 cm
	Footpad	Soft Step Cushioned Anti-Fatigue Material
	Exercise Arms	Ergonomic Handles with Moisture-Resistant Sleeves
	Handrail Design	Extended Handrails with Molded Rubber, Moisture-Resistant Grips
	Side Step Design	Non-Slip Rubber with Textured Pattern
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
AVAILABLE CONSOLES	Transcend <sup>16</sup> , Escalate <sup>9</sup> , Emerge	
ASSET MANAGEMENT	EcoFit	
Cardio 360™	Upper Body Isolation	Yes
	Lower Body Isolation	Yes
	Total Body	Yes
SAFETY	Side Steps	Standard
	Extended Handrails	Standard
	Activity Guard (removable)	Standard
REGULATORY APPROVALS	ETL UL1647, CSA, CE, EN957, FCC	
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	63" L x 32" W x 64" H / 160.02 cm x 81.28 cm x 162.56 cm
	Active Footprint	74" L x 32" W x 64" H / 187.96 cm x 81.28 cm x 162.56 cm
	Q-Factor	2.5" / 6.35 cm
	Machine Weight	340 lbs / 154 kg
	Shipping Weight	409 lbs / 186 kg
	Maximum User Weight	400 lbs / 181 kg
	Step-Up Height	8" / 20.32 cm
	Portability	2 Front Transport Wheels & Removable Handles
WARRANTY	Warranty Classification	Commercial (non-dues paying facilities with less than 8 hours of usage per day)
	Frame	Lifetime
	Parts	5 Years (Transcend <sup>16</sup> , Escalate <sup>15</sup> Consoles are 3 years)
	Labor	2 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

