CASCADE

HEALTH & FITNESS®

CASCADE RAPTOR FUNCTIONAL TRAINER

THE ULTIMATE TRAINING DEVICE

The Raptor Functional Trainer will have your muscles burning and heart pumping in no time at all. Target all your favorite muscle groups with the huge range of exercises that can be performed at the high, mid and low positions. Perform ski exercises, pulls, curls, squats, rows and more. There is no limit to the exercises you can perform. Burn calories, improve cardio and build strength like never before. The low impact also makes this unit a great choice for rehab. Built with the same great quality as other Cascade products.

Workout from 3 Positions

High **Mid** **Low**

KEY PRODUCT FEATURES

Easy to Read Rotating Console

After rotating the fan unit, the console can be rotated as well.

Progressive Fan Resistance and 14 Levels of Magnetic Resistance

Provides for a wide range of workouts to achieve all fitness goals.

Transport Wheels

Lower the fan unit to mid or low position and tilt the whole unit back to easily move.

Two Sets of Handles and Universal Attachment

Quick release connections provided to easily change out handles.

PO Box 1318, Woodinville, WA 98072 • 425.402.4062 •
www.cascadehealthandfitness.com

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RAPTOR FEATURES

PROGRAMS
Target – time, distance, calories, strokes, strokes/minute, Interval – 20/10, 20/30, custom,Quick Start

CONSOLE FEEDBACK
Time, strokes, heart rate, calories, strokes/minute, Time/500m, watts, distance, level

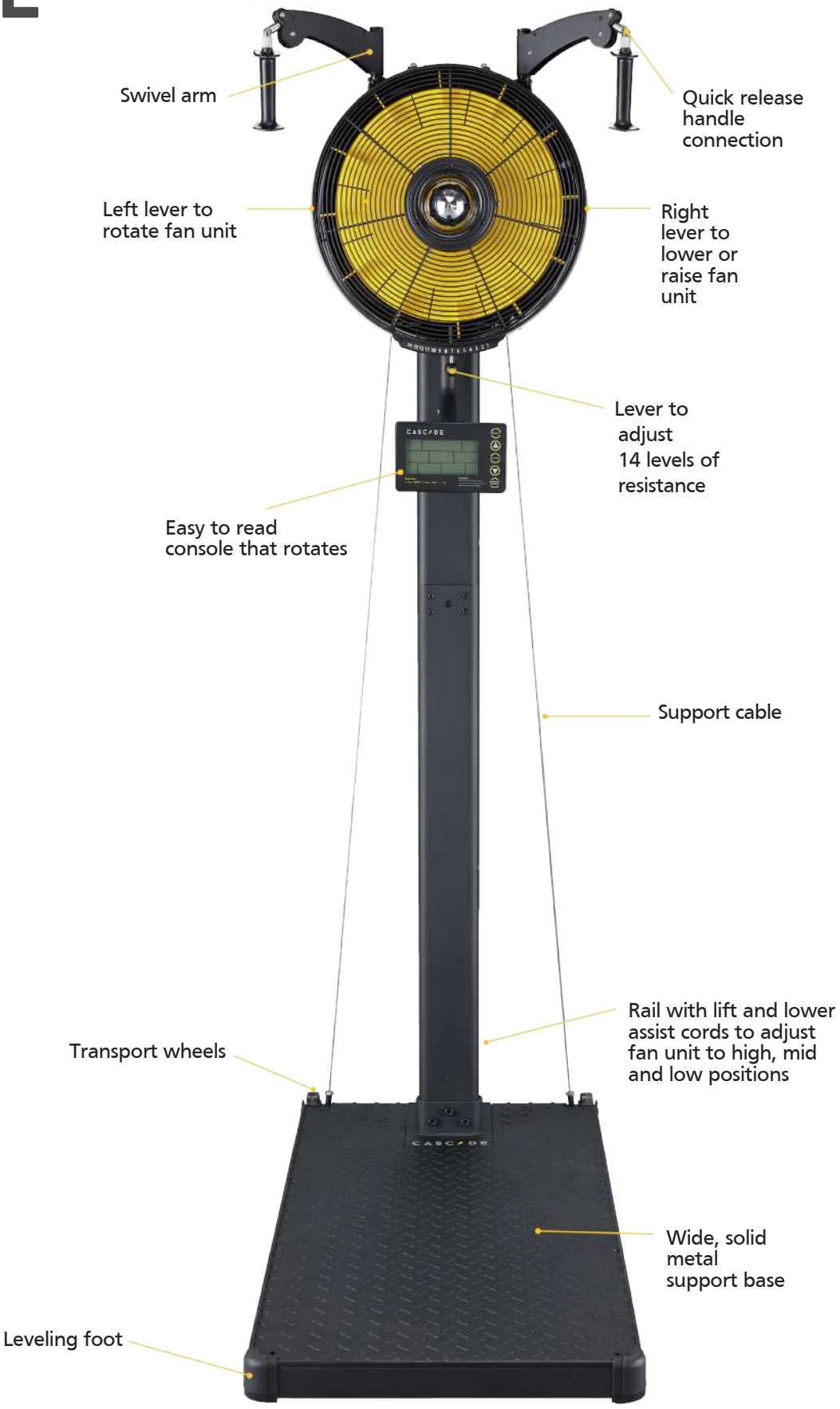
KEY BENEFITS
- Great for both cardio and strength workouts
- Excellent HIIT training options
- Low impact workouts
- Wide range of exercises can be performed
- Effective for rehab

WARRANTY

Frame	Lifetime
Parts	5 years
Wearables	2 years
Electronics	2 years
Labor	1 year

SPECIFICATIONS

Depth:	50”
Width:	24”
Height:	82”
Weight:	185 lbs.
Shipping Weight:	200 lbs.
Max User Weight:	400 lbs.



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