

# xR6

Experience the xR6 with the xR6xi console providing you with enhanced workout options and technology while still providing all your workout data. The xRide xR6 delivers all the cardiovascular, low-impact, total-body benefits of traditional elliptical exercise – all while comfortably sitting down.

### OCTANE ADVANTAGES

- Total body workout
- Active Seat Position - provides leverage for high resistance intervals
- Elliptical motion - forward & reverse
- Strength training benefits
- MultiGrip handlebars
- Advance workout programs

### CONSOLE OPTION



#### xR6xi

- Premium, high polished display screen
- Bluetooth® 4.0 and ANT+® Connectivity
- Multi-color SmartLight feedback



### WORKOUT BOOSTERS

Integrate instant HIIT with Octane's exclusive workout boosters, including X-Mode, Chest Pres and Leg Press, which ramp up cross training intensity with different movements and paces that challenge muscles and build stamina.

### LOWER-BODY MOTION

Thanks to unique PowerStroke pedal motion on the xRide, you benefit from full leg extension and maximum range of motion, which can activate more muscles and burn more calories than a recumbent bike.



LEARN MORE AT  
[octanefitness.com](http://octanefitness.com)

## xR6 Specifications

• Standard - Unavailable

xR6xi

### KEY MECHANICAL FEATURES

PowerStroke	•
Step-through design	•
Oversized soft grip pedals	•
Stationary foot pegs	•
MultiGrip handlebars	•
Watch, read, surf placement options for tablets	•
Water bottle/accessory holders	•
Seat tilt adjustments	5
Seat height adjustments	20
Transport wheels	•

### ELECTRONIC FEATURES

20 resistance levels	•
SmartLight	multi-color
MOM mode	•
Bluetooth® 4.0 and ANT+® compatible	•
Digital contact heart rate sensors	•
FREE Polar® wireless heart rate monitor	•

### WORKOUTS

Number of programs on console	9
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### WORKOUT BOOSTERS

X-Mode, Chest Press, Leg Press	•
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### PRODUCT SPECIFICATIONS

Max user weight	300 lbs (136 Kg)
Footprint (W x L)	35" x 71" (89 x 181 cm)
Product weight	244 lbs (110.7 Kg)

### WARRANTY

Frame	Lifetime
Parts	5 years
Labor	1 year

Studies show that the Active Seat Position results in exercisers using more glutes and burning more calories compared to a recumbent bike.

- 343% more glute activation
- 23% more calories burned
- Cardio & muscular endurance training benefits



### CUSTOMIZED COMFORT

The Active Seat Position custom-fits exercisers with multiple height and tilt adjustments that open the torso and maximize use of the hip muscles.