# CHEST PRESS
## PLS-0100

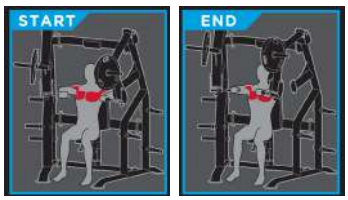
The Palladium Series Plate Loaded PLS-0100 Chest Press is designed for customizable performance, featuring five-position handles that let users adjust their starting position and range of motion. Its unilateral press arms converge to enhance shoulder articulation and ensure a full range of motion. Includes six weight storage posts for added convenience.

### FEATURES

- Unique 5-position adjustable handles allow user to set range of motion best suited to their individual needs
- 6-position seat uses gas cylinder assist for stable, friction-free adjustments

### USER AMENITIES

- (6) Weight Storage Posts
- Height Adjustment Guide
- Instruction Placard illustrates proper START and END positions




### SPECIFICATIONS

DIMENSIONS (L x W x H)
49" x 73" x 77" / 124cm x 185cm x 196cm

COLOR OPTIONS
Frame comes standard with matte black powder coat finish. Custom frame and upholstery options available.

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