VAPOR LATERALX

TRUE®

Move in a different direction. Add new dimension and excitement to your cardio floor with the LateralX elliptical that delivers functional challenges, more muscle demands and high caloric burn – all in a space-efficient design.

FEATURES

- Adjustable side-to-side and stepping motion
- Adjustable lateral 3-D motion
- Adds muscle confusion with 10 varying planes of motion
- Great for sports, rehab and stability training, working the hips, thighs, and glutes
- Advanced Programming

SPECIFICATIONS

DIMENSIONS (L x W)
63”L x 42”W / 160cm x 106cm

DRIVE SYSTEM
Front Drive

PRODUCT WEIGHT
388lbs / 176kg

COLOR
Matte Black

Converging Path handlebars engage the upper body and custom-fit exercisers

10 adjustable width levels for a greater variety of movements

Active side-to-side motion increases caloric expenditure by up to 27% and increases hip muscle activation

CONSOLE OPTIONS

UNITE 22"
TOUCHSCREEN

UNITE 16"
TOUCHSCREEN

UNITE 10"
TOUCHSCREEN

UNITE LED
CONSOLE

VAPOR LATERALX

TECHNICAL SPECIFICATIONS	Power Source	Self-Generating (110V required with non-LED consoles)
	Cord Length	12' / 3.7M
	Lateral Width Adjustments	10
	Electronically Adjustable Lateral Width	Yes
	Drive System	Front Drive
	Resistance Levels	30
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Soft Grip Pedals	Yes
	Handlebar Design	MultiGrip and Converging Path Handlebars
	Fingertip Controls on Moving Handlebars	Yes
	Moving Handlebar Lock-out Option	Yes
	Contact Heart Rate Monitoring	Yes, on moving handlebars
	Asset Management	Ecofit
AVAILABLE CONSOLES		UNITE 22", UNITE 16", UNITE 10", and UNITE LED
WORKOUTS	UNITE 22", UNITE 16" and UNITE 10" Consoles	10K, 30:30, 5K, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, DRAW YOUR OWN, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, MMA, QUICK START, ROLLING HILLS, SINGLE HILL, TARGET HRC, TIME GOAL, VIRTUAL RUNS
	UNITE LED Console	10K, 30:30, 5K, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, MMA, QUICK START, ROLLING HILLS, SINGLE HILL, TARGET HRC, TIME GOAL
	Quick Starts	3 (Narrow, Medium, Wide), available on touchscreen consoles
	Workout Boosters	X-MODE, THIGHTONER, AND QUADPOWER
EXTRAS	Accessories	Water Bottle Holder, Reading Rack / Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	63"L x 42"W / 160cm x 106cm
	Machine Weight	388 lbs / 176 kg
	Shipping Weight	452 lbs / 205 kg
	Shipping Dimensions	72" L x 30" W x 32" H / 183 cm x 76 cm x 81 cm
	Maximum User Weight	400 lbs / 181 kg
	Step-Up Height	9" / 23 cm
	Portability	2 Front Transport Wheels
COMMERCIAL WARRANTY	Frame	7 Years
	Parts	3 Years
	Labor	2 Years
	Consoles	3 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

*Study conducted by Minnesota State University Mankato going from lateral width 1 to lateral width 10.

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